





#### Athletics:

Men: Akani Simbine (100m), Gift Leotlela (100m), Shaun Maswanganyi (100m, 200m), Clarence Munyai (200m), Anaso Jobodwana (200m), Wayde van Niekerk (400m), Zakhithi Nene (400m), Thapelo Phora (400m), Precious Masehele (5,000m), Antonio Alkana (110m hurdles), Sokwakhana Zazini (400m hurdles), Cheswill Johnson (long jump), Ruswahl Samaai (long jump), Kyle Blignaut (shot put), Jason van Rooyen (shot put), Rocco van Rooyen (javelin), Stephen Mokoka (marathon), Desmond Mkgobu (marathon), Elroy Gelant (marathon), Wayne Snyman (20km race walk), Marc Mundell (50km race walk), Men's 4x100m, Men's 4x400m.  
Women: Dominique Scott (5,000m, 10,000m), Wenda Nel (400m hurdles), Gerda Steyn (marathon), Irvette van Zyl (marathon), Jo-Anne van Dyk (javelin).  
Coaches and management: Jean Verster, Hezekiel Sepeng, Paul Gorries, Irma Reyneke, Hendrik Ramaala, Pierre Blignaut, Jennifer Kingwell

#### Climbing:

Men: Chris Cossier  
Women: Erin Sterkenburg  
Coach/Manager: James Barnes

#### Cycling:

Men: Johan Spies (track), David Maree (track), Stefan de Bod (road), Ryan Gibbons (road), Nicholas Dlamini (road), Alan Hatherly (mountain bike), Alex Limberg (BMX)  
Women: Ashleigh Moolman-Pasio (road), Charlene du Preez (track), Carla Oberholzer (road), Candice Lill (mountain bike)  
Officials: Elton Davids (team manager and BMX coach), Ian Goetham (road coach), Moosa Classen (track mechanic), Jean-Pierre Jacobs (mountain bike manager, coach and mechanic), Carl Pasio (road coach), Brigitte Milesen (track coach/manager), Gary Blem (road mechanic).

#### Gymnastics:

Caitlin Rooskrantz, Naveen Daries  
Coach/manager: Ilse Laing, Leeland Christian

#### Hockey

Women: Quanita Bobbs, Erin Christie, Lisa Deetlefs, Lilian du Plessis, Nicole Erasmus, Tarryn Glasby, Robyn Johnson, Charne Maddocks, Lerato Mahole, Phumelela Mbande, Edith Molikoe, Kristen Paton, Tarryn Potts, Celia Seerane, Nomnikelo Veto, Onthatile Zulu.  
Officials: Gillian Doig (manager), Robin van Ginkel (head coach), Nikuliso Zondi (assistant coach), Taren Naidoo (video analyst).

Men: Erasmus Pieterse, Timothy Drummond, Austin Smith, Mohamed Mea, Matthew Guise-Brown, Jethro Eustice, Nduzuzo Lembethe, Taine Paton, Nicholas Spooner, Clinton Panther, Samkelo Mvimbi, Abdud Cassiem, Mustaphaa Cassiem, Nqobile Ntuli, Keenan Horne, Tevin Kok.  
Officials: Martin van Staden (manager), Garreth Ewing (head coach), Siphesihle Ntuli (assistant coach), Ashlin Freddy.



**Sailing:**  
Alex Burger and Benjamin Daniel  
Coach/manager: Asenathi Jim

**Surfing**  
Bianca Butendag  
Coach: Greg Emslie

#### Blitz Boks:

Sakoyisa Makata, Dylan Sage, Impi Visser, Zain Davids, Angelo Davids, JC Pretorius, Branco du Preez, Selwyn Davids, Justin Geduld, Kurt-Lee Arendse, Siwwe Soyizwapi, Stedman Gans  
Coaches and management: Neil Powell, Renfred Dazel, Ghafoer Luckan, Ashley Evert

#### Women's water polo:

Amica Hallenndorff, Shakira January, Meghan Maartens, Chloe Meecham, Georgie Moir, Boati Motau, Hannah Muller, Daniela Passoni, Megan Sileno, Ashleigh Vaughn, Jordan Wedderburn, Kelsey White  
Coaches and management: Candice Williams, Delaine Mentor, Duncan Woods

#### Men's water polo:

Ignardus Badenhorst, Devon Card, Jason Eveyard, Cameron Laurensen, Lwazi Madi, Farouk Mayman, Yaseen Margro, Liam Neill, Roarke Oliver, Nicholas Rodds, Donn Stewart, Ross Stone  
Coaches and management: Rowen Meth, Paul Martin, Vaughan Marlow

#### Swimming:

Tatjana Schoenmaker, Kaylene Corbett, Emma Chelius, Erin Gallagher, Ethan du Preez, Chad le Clos, Pieter Coetzee, Bradley Tandy, Michael Houle, Matthew Sates, Women's 4x100m medley relay (Manella Venter, Tatjana Schoenmaker, Erin Gallagher, Aimee Canney)

#### Artistic swimming:

Laura Strugnell, Clarissa Johnston  
Coaches and management: Vicky Drinkwater

#### Skateboarding:

Melissa Williams, Andre Oberholzer, Boipelo Awuuh, Brandon Valjalo  
Coach/manager: Wendy Gila

#### Triathlon:

Gillian Sanders, Henri Schoeman, Simon Ackermann, Richard Murray  
Coaches and management: Kate Murray, Lindsey Pany



**Sailing:**  
Leo Davis  
Coach/manager: Victor Davis

#### Rowing:

Lawrence Brittain (men's four), John Smith (men's four), Sandro Torrento (men's four), Kyle Schoonbee (men's four), Jake Green (men's pair), Luc Daffarn (men's pair)  
Coaches and management: Roger Barrow, Marco Galeone

#### Golf:

Men: Garrick Higgs, Christiaan Bezuidenhout  
Women: Ashleigh Buhai  
Coaches, management and caddies: Tanya Paterson (caddy), Johan Swanepoel (caddy), Nick Cavendish-Pell (caddy) and Joanne Newell (manager)

#### Equestrian:

Tanya Seymour, Victoria Legendre-Scott  
Coaches and management: Ingeborg Sanne, Rudolphe Scherer, Colin Scott

#### Judo:

Geronay Whitebooi  
Coach: Nikola Filipov

#### Open water swimming:

Men: Michael McGlynn,  
Women: Michelle Weber  
Coaches: Wayne Riddin, Cedric Finch

#### Diving:

Julia Vincent, Micaela Bouter  
Coach: William Sherritt

#### Football:

Ronwen Williams, Mondli Mpoti, Sifiso Mlungwana, Tercious Malepe, Luke Fleurs, Sibusiso Mabiliso, Abubaker Mobara, Thabiso Monyane, Katlego Mohammed, Teboho Mokoena, Thabo Cele, Nkosingiphile Ngcobo, Sipho Mbule, Goodman Mosele, Kamohelo Mahlatsi, Fagrie Lakay, Luther Singh, Evidence Makgopa, Lyle Foster and Kobamelo Kodisang.  
Coaches and management: David Notoane, Mxolisi Sibam, Kwanele Kopo, Wendell Robinson and Nomthandazo Ncube.

# July 22



**Football:** Group match: SA v Japan (13h00)

# July 23



**Opening Ceremony**



SUB10



# July 24

## Cycling

Men's road race: Nic Dlamini, Stefan de Bod, Ryan Gibbons **Final** (4am)

## Hockey

Men: Group match: SA v Britain (11.30am)

Women: Group match: SA v Ireland (14.15pm)

## Judo

Women's -48kg: Geronay Whitebooi (4am and 10am)

## Rowing

Men's pair, heats: Jake Green & Luc Daffarn (3.20am)

Men's four, heats: Lawrence Brittain, John Smith, Kyle Schoonbee, Sandro Torrente (5.10am)

## Water polo

Women, group match: SA v Spain (11.20am)

## Equestrian

Dressage qualifier: Tanya Seymour (10.00am)

## Swimming:

Men's 400m individual medley heats: Matthew Sates (12.02pm)

Women's 100m butterfly heats: Erin Gallagher (12.28pm)

Men's 100m breaststroke heats: Michael Houlie (13.55pm)

\*South African time





## Swimming

Men's 400m individual medley **Final** (3.30am);  
Women's 100m butterfly semi-finals (3.40am);  
Men's 100m breaststroke semi-finals (4.33am)  
Men's 200m freestyle heats: Chad Le Clos (12.22pm);  
Women's 100m breaststroke heats: Tatjana Schoenmaker (12.59pm);  
Men's 100m backstroke heats: Pieter Coetzé (13.22pm)

## Water polo

Men, group match: SA v Italy (3am)

## Gymnastics

Qualification: Caitlyn Rooskrantz, Naveen Daries (3am)

## Cycling

Women's road race: Ashleigh Moolman-Pasio (6am)

## Football

Group match: SA v France (10am)

## Equestrian

Dressage qualifier: Tanya Seymour (10am)

## Hockey

Men: Group match: SA v Holland (14.15pm)

## Skateboarding

Men's Street, prelims and **Final**: Brandon Valjalo (2am & **5.25am**)

## Surfing

Women, rounds 1&2: Bianca Buitendag (3.20am & 8am)

\*South African time



# July 26



## Triathlon

Men Henri Schoeman, Richard Murray **Final** (23.30 July 25)

## Surfing

Women, rounds 3: Bianca Buitendag (0.00am)

## Swimming

Women's 100m butterfly **Final** (3.30am);

Men's 200m freestyle semi-finals (3.37am);

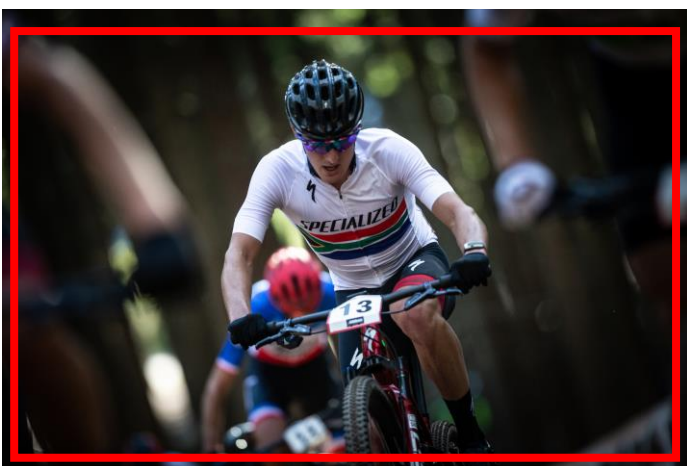
Women's 100m breaststroke semi-finals (3.50am);

Men's 100m breaststroke **Final** (4.12am);

Men's 100m backstroke semi-finals (4.31am)

Men's 200m butterfly heats: Chad Le Clos, Ethan du Preez (12.29pm);

Women's 200m individual medley heats: Rebecca Meder (12.56pm)



## Rugby

Group matches:

SA v Ireland (4am);

SA v Kenya (12.00pm)

## Skateboarding

Women's Street, prelims and **Final**: Boipelo Awuah (2am & **5.25pm**)

## Hockey

Women: Group match: SA v Britain (11.30am)

## Cycling:

Mountain bike Men: Alan Hatherly **Final** (8am)



\*South African time

# July 27

## **Triathlon:**

Women: Gill Sanders, Simone Ackerman **Final** (23.30 26 July)

## **Surfing:**

Women, quarterfinals & semi-finals (2.24am & 6am)

## **Water polo:**

Men, group match: SA v US (3am)

## **Swimming:**

Men's 200m freestyle **Final** (3.43am);

Women's 100m breaststroke **Final** (4.17am);

Men's 200m butterfly semi-finals (4.35am);

Women's 200m individual medley semi-finals (4.58am)

## **Rugby:**

Group match: SA v US (4.30am); playoffs (9.30am)

## **Sailing:**

Men's Finn - 2 races: Leo Davis (6.05am)

Men's Skiff 49er - 3 races: Alex Burger, Benjamin Daniel (7.50am)

## **Hockey:**

Men: Group match: SA v Belgium (11.30am)

## **Cycling:**

Mountain bike, women: Candice Lill **Final** (8am)

\*South African time





# JULY 28



**Rowing:**  
Men's four, **Final** (3.10am)

**Swimming:**  
Men's 200m butterfly **Final** (3.49am);  
Women's 200m individual medley **Final** (4.45am)  
Women's 100m freestyle heats: Erin Gallagher (12.02pm);  
Men's 200m backstroke heats: Martin Binedell (12.25pm);  
Women's 200m breaststroke heats: Tatjana Schoenmaker, Kaylene Corbett (12.52pm)  
Women's 4x200m freestyle relay heats (13.34)

**Cycling:**  
Women's individual time trial: Ashleigh Moolman-Pasio **Final** (4.30am)

**Rugby:**  
**Medal** matches (10.30am)

Men's Skiff 49er - 3 races: Alex Burger, Benjamin Daniel (5.05am)  
Men's Finn - 2 races: Leo Davis (5.05pm)

**Water polo:**  
Women, group match: SA v Canada (8.30am)

**Football:**  
Group match: SA v Mexico (13.30pm)

**Hockey: Women:**  
Group match: SA v Netherlands (2.30am)

**Surfing:**  
Women **Medals** (1am and 3.15am)



# July 29



## **Golf:**

Men's strokeplay round 1: Garrick Higgo, Christiaan Bezuidenhout (00.30am)

## **Water polo:**

Men, group match: SA v Hungary (3am)

## **Swimming:**

Women's 100m freestyle semi-finals (3.53);

Men's 200m backstroke semi-finals (4.04am);

Women's 200m breaststroke semi-finals (4.54am);

Women's 4x200m freestyle relay **Final** (5.31pm)

Men's 100m butterfly heats: Chad Le Clos (12.50pm)



## **Sailing:**

Men's Finn - 2 races: Leo Davis (7.35am)

## **Hockey:**

Men: Group match: SA v Germany (4.45am)

## **Cycling: BMX,**

Men's quarterfinals: Alex Limberg (3am)



\*South African time

# July 30

## Swimming:

Men's 100m butterfly semi-finals (3.30am);  
Women's 200m breaststroke **Final** (3.41am);  
Men's 200m backstroke **Final** (3.50am);  
Women's 100m freestyle **Final** (3.59am)  
Men's 50m freestyle heats: Brad Tandy (12.02pm); Women's  
50m freestyle heats: Emma Chelius (12.24pm);  
Women's 4x100m medley relay heats (14.36pm)

## Athletics:

Men's 400m hurdles, round 1: Soks Zazini (3.55am)  
Women's 5,000m qualification: Dom Scott (12.00pm)

## Water polo:

Women, group match: SA v Netherlands (7am)

## Equestrian:

Eventing, sessions 1&2: Victoria Legendre-Scott  
(1.30am & 10.30am)

## Sailing:

Men's Skiff 49er - 3 races: Alex Burger, Benjamin Daniel  
(5.05am)

## Golf:

Men's Strokeplay, round 2:  
Garrick Higgo, Christiaan Bezuidenhout (00.30am)

## Hockey:

Women, group match: SA v Germany (2.30am)  
Men, group match: SA v Canada (5.15am)

## Diving:

Women's 3m preliminary: Julia Vincent, Micaela Bouter (8am)

## Cycling:

BMX, men's semifinals & final (3am & 4.40am)



\*South African time



# July 31

## **Triathlon:**

Mixed relay **Final** (00.30am)

## **Swimming:**

Men's 100m butterfly **Final** (3.30am);

Men's 50m freestyle semi-finals (4.11am);

Women's 50m freestyle semi-finals (4.32am)

## **Equestrian:**

Eventing, session 3: Victoria Legendre-Scott (1.30am)

## **Athletics:**

Women's 400m hurdles, round 1: Wenda Nel (2am)

Men's long jump, qualification: Ruswahl Samaai, Cheswill Johnson (12.10pm)

Men's 100m, round 1: Akani Simbine, Gift Leotlela, Shaun Maswanganyi (12.45pm)

## **Sailing:**

Men's Skiff 49er - 3 races: Alex Burger, Benjamin Daniel (5.05am)

Men's Finn - 2 races: Leo Davis (5.05pm)

## **Golf:**

Men's stroke play, round 3: Garrick Higgo, Christiaan Bezuidenhout (00.30am)

## **Hockey:**

Women, group match: SA v India (5.15pm)

## **Diving:**

Women's 3m semi-finals: Julia Vincent, Micaela Bouter (8am)

## **Water polo:**

Men, group match: SA v Greece (12.50pm)





# AUGUST 1

## Swimming:

Men's 50m freestyle **Final** (3.30am);  
Women's 50m freestyle **Final** (3.37am);  
Women's 4x100m medley relay **Final** (4.15am)

## Sailing:

Men's Finn - 2 races: Leo Davis (8.05am)

## Golf:

Men's strokeplay, round 4: Garrick Higgo, Christiaan Bezuidenhout (00.30am)

## Hockey:

Men's quarterfinals (2.30am)

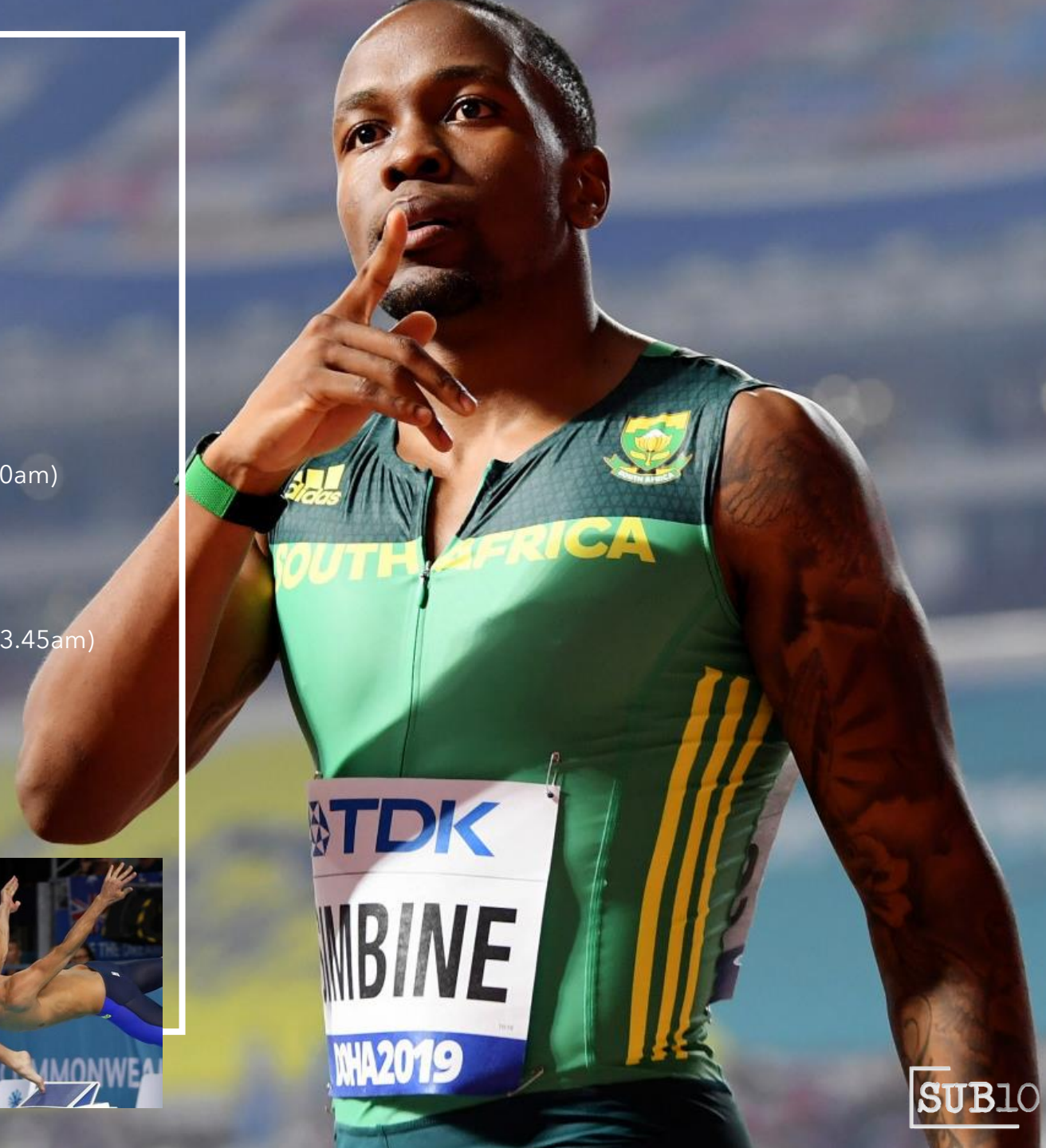
## Athletics:

Men's 400m, round 1: Wayde van Niekerk, Thapelo Phora, Zakhiti Nene (3.45am)  
Men's 400m hurdles, semifinals (14.05pm)  
Men's 100m semifinals **and Final** (12.15pm & **14.50pm**)

## Water polo:

Women, group match: SA v Australia (12.50pm)

\*South African time







# August 2

## **Synchronised swimming:**

Duet free routine, preliminary: Clarissa Johnston & Laura Strugnell (12.30)

## **Hockey:**

Women's quarterfinals (2.30am)

## **Athletics:**

Men's long jump **Final** (3.20am)  
Women's 400m semi-finals (13.05)  
Women's 5,000m **Final** (14.40)

## **Water polo:**

Men, group match: SA v Japan (11.20am)

\*South African time



# August 3

## **Synchronised swimming:**

Duet technical routine, preliminary: Clarissa Johnston & Laura Strugnell (12.30pm)

## **Climbing:**

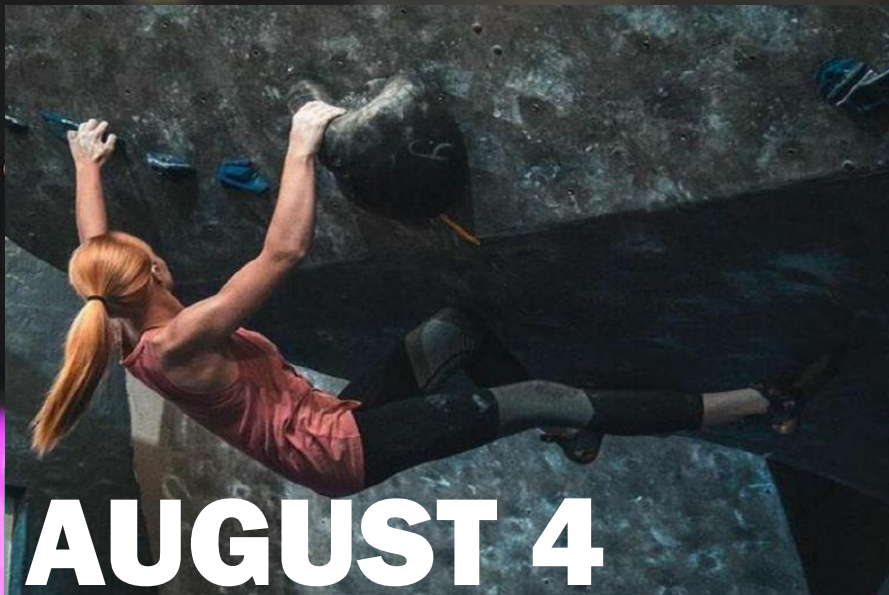
Men, qualification: Chris Cosser (10am)

## **Athletics:**

Women's javelin qualification: Jo-Ane van Dyk (2.20am)  
Men's 200m heats: Clarence Munyai, Anaso Jobodwana, Shaun Maswanganyi (4.05am)  
Men's 400m hurdles **Final** (5.20pm)  
Men's 110m hurdles, round 1 (12.10pm)  
Men's shot put qualification: Kyle Blignaut, Jason van Rooyen (12.15pm)  
Men's 5,000m, round 1: Precious Mashele (13.00)  
Men's 200m semi-finals (13.50)

SUB10





# AUGUST 4

## Swimming:

Women's 10km: Michelle Weber (23.30 3 Aug)

## Golf:

Women's stroke play, round 1: Ahleigh Buhai (00.30am)

## Skateboarding:

Women's Park, prelims and **Final**: Melissa Williams (2am & **5.30am**)

## Cycling: Sprint,

Men, qualifying: Johan Spies (8.30am)

Women, first round: Charlene du Preez (9.10am)

## Climbing:

Women, qualification: Erin Sterkenburg (10am)

## Athletics:

Men's Javelin, qualification: Rocco van Rooyen (2.05am)

Men's 110m hurdles, semi-finals (4am)

Women's 400m hurdles **Final** (4.30am)

Men's 200m **Final** (14.55)



# AUGUST 5

## Swimming:

Men's 10km: Michael McGlynn (23.30 4 Aug)

## Skateboarding:

Men's Park, prelims and **Final**: Andre Oberholzer (2am & **5.30am**)

## Golf:

Women's stroke play, round 2: Ahleigh Buhai (00.30am)

## Cycling:

Omnium Men: David Maree (8.30am)

## Athletics:

Men's shot put **Final** (4.05am)

Men's 4x100m relay, heats (4.30am)

Men's 110m hurdles **Final** (4.55am)

Men's 20km walk: Wayne Snyman, Lebo Shange **Final** (9.30am)

Men's 400m **Final** (14.00)



# August 6

## Golf:

Women's stroke play, round 3: Ahleigh Buhai (00.30am)

## Cycling:

Sprint, women, qualifying: Charlene du Preez (8.30am)

## Athletics:

Men's 50km walk **Final** : Marc Mundell (22.30 5 Aug)

Men's 4x400m relay heats (13.25)

Women's javelin **Final** (13.50)

Men's 5,000m **Final** (14.00)

Men's 4x100m relay **Final** (15.50)

# August 7

## Golf:

Women's stroke play, round 4: Ahleigh Buhai (00.30am)

## Cycling:

Keirin, men, first round: Johan Spies (8.48am)

## Athletics:

Women's marathon: Gerda Steyn, Irvette van Zyl **Final** (00.00am)

Women's 10,000m **Final**: Dom Scott (12.45)

Men's 4x400m relay **Final** (14.50)

# August 8

## Athletics:

Men's marathon **Final** (00.00am)

Stephen Mokoka, Desmond Mokgobu Elroy Gelant







## WOMEN'S OLYMPIC TOURNAMENT

24 JULY - 7 AUGUST 2021 TOKYO TATSUMI INTERNATIONAL SWIMMING CENTER

TOTAL WATERPOLO

**GROUP A**

- AUSTRALIA
- SOUTH AFRICA
- NETHERLANDS
- SPAIN
- CANADA

**GROUP B**

- RUSSIA
- JAPAN
- HUNGARY
- USA
- CHINA

WEAR WATERPOLO



## MEN'S OLYMPIC TOURNAMENT

25 JULY - 8 AUGUST 2021 TOKYO TATSUMI INTERNATIONAL SWIMMING CENTER

TOTAL WATERPOLO

**GROUP A**

- SOUTH AFRICA
- USA
- HUNGARY
- GREECE
- JAPAN
- ITALY

**GROUP B**

- AUSTRALIA
- CROATIA
- SERBIA
- SPAIN
- KAZAKHSTAN
- MONTENEGRO

WEAR WATERPOLO

**POOL A**

- NEW ZEALAND
- AUSTRALIA
- ARGENTINA
- R.O. KOREA



**POOL B**

- FIJI
- GREAT BRITAIN
- CANADA
- JAPAN



**POOL C**

- SOUTH AFRICA
- USA
- KENYA
- IRELAND



**POOL A**

- NEW ZEALAND
- RUSSIAN O.C.
- GREAT BRITAIN
- KENYA



**POOL B**

- CANADA
- FRANCE
- FIJI
- BRAZIL



**POOL C**

- AUSTRALIA
- USA
- CHINA
- JAPAN





## 2021 OLYMPIC TOKYO (MEN'S FOOTBALL)

# DRAW RESULT



**GROUP A**

- JPN
- RSA
- MEX
- FRA

**GROUP B**

- NZL
- KOR
- HON
- ROM

**GROUP C**

- EGY
- ESP
- ARG
- AUS

**GROUP D**

- BRA
- GER
- COI
- KSA

## WOMEN'S HOCKEY AT TOKYO 2020

**GROUP A**

- GERMANY
- GREAT BRITAIN
- INDIA
- IRELAND
- NETHERLANDS
- SOUTH AFRICA

**GROUP B**

- ARGENTINA
- AUSTRALIA
- CHINA
- JAPAN
- NEW ZEALAND
- SPAIN

## MEN'S HOCKEY AT TOKYO 2020

**GROUP A**

- ARGENTINA
- AUSTRALIA
- INDIA
- JAPAN
- NEW ZEALAND
- SPAIN

**GROUP B**

- BELGIUM
- CANADA
- GERMANY
- GREAT BRITAIN
- NETHERLANDS
- SOUTH AFRICA