

GOVERNMENT NOTICES • GOEWERMENTSKENNISGEWINGS

DEPARTMENT OF HEALTH

NO. R. 273

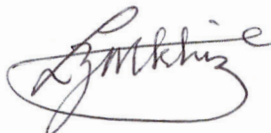
06 MARCH 2020

HEALTH PROFESSIONS ACT, 194 (ACT No. 56 OF 1974)

REGULATIONS DEFINING THE SCOPE OF THE PROFESSION OF NUTRITIONISTS

The Minister of Health intends, under section 33(1) of the Health Professions Act, 1974 (Act No. 56 of 1974) and on recommendation of the Health Professions Council of South Africa, to make regulations in the Schedule.

Interested persons are invited to submit any substantiated comments on the proposed Regulations, or any representations they may wish to make in regard thereto, to the Director-General: Health, Private Bag X828, Pretoria, 0001 for the attention of the Director: Public Entities Governance, Ms M Mushwana, email: mihloti.mushwana@health.gov.za within three months of this Notice.



Dr Z.L. Mkhize, MP

Minister of Health

Date: 4/11/2019

SCHEDULE

Definitions

1. In these Regulations any word or expression to which a meaning has been assigned in the Act, has the meaning so assigned, and unless the context otherwise indicates—

"Professional board" means the Professional Board for Dietetics and Nutrition established in terms of section 15 of the Act; and

"the Act" means the Health Professions Act, 1974 (Act No. 56 of 1974).

Acts pertaining to scope of Nutritionist Profession

2. The following are deemed to be acts pertaining to the scope of professions of Nutritionists:-

- (a) Use of evidence based theory and practice of nutrition to address population based nutrition related problems and its causes through appropriate programmes and policies;
- (b) use of evidence based theory and practice to plan, implement, monitor, evaluate and manage programmes to address nutrition problems or challenges and associated causes and maintain nutritional well-being;
- (c) Use of a comprehensive body of knowledge of principles of nutritional sciences to advise on food and nutrition in an ethical, responsible manner to communities or population groups during the different stages of life cycle of all individuals;
- (d) Advocate for the nutritional profession, services and programmes;
- (e) Assessment of the nutritional situation of groups, communities and populations using relevant methodologies;
- (f) Application of information, communication and educational skills and social mobilization to empower communities or populations to change their food or nutritional behavior to make safe, healthy food choices to prevent nutrition related diseases and to improve quality of life;
- (g) Conceptualization, planning, implementation, monitoring, evaluation and documentations of appropriate nutrition policies, strategies and guidelines;
- (h) Responsible for the use and application of nutrition policies, strategies and guidelines;

- (i) Influencing the national food system or environment to enable all individuals to have access to affordable, nutritious and safe food;
- (j) Plan and execute an effective food service system based on specified food and nutritional needs in groups or population;
- (k) Manage human, financial and other resources to ensure optimal and equitable delivery of nutrition services at primary health care level;
- (l) Conceptualize, formulate, implement and communicate nutrition related research;
- (m) Plan, implement, manage, evaluate, monitor and document procedures and policies relating to human, financial, operational and other resources; and
- (n) Apply critical and creative thinking in working effectively with the community and stakeholders to contribute to the personal, social, and economic development of the society in an ethical and professional manner.

Short title

3. These Regulations are Regulations Defining the Scope of the Profession of Nutritionists, 2019.